

Recovery From The Holidays

Alex's Last Fat Ass 50

SC Version

50 Mile Serious Event

50K Chicken-Shit Fun Run

December 18, 2011

Sunday

6:30AM

A Runner from Hell Event!

***RUNNER
FROM HELL***



Come make History and Put this Run in the Past

Full Name _____

Address _____

City/State/Zip _____

Phone (day) _____ (night) _____

Date of birth _____ Sex _____ Age on Run Day _____

Run: 50KCSFR _____ or 50MileSE _____ T-Shirt?: Write or e-mail

e-mail Address _____

I realize this is a foolish thing I am attempting to do. I have trained adequately for this FA event and am physically fit enough to complete it. However, if anything should go wrong, I hereby for myself, my heirs, my executors and administrators waive and release any and all rights and claims for damages I have against all those involved in the organization of the FA 50, including the sponsoring club, The Runners From Hell (RFH), and the Road Runners Club of America. I have been informed and I understand there are no course monitors for this run and I will obey all laws and customs as well as civil and community laws. I also understand there is limited fluid and food aid available, but no help is provided in this run and I am completely on my own. In consideration of acceptance of entry, I for myself, heirs, and assigns, hereby release the sponsors, the hosts, run volunteers, and officials of this run from all liability arising from illness, injuries, and damages I may suffer from participation in this event.

Signature _____ Date _____

Send to:
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